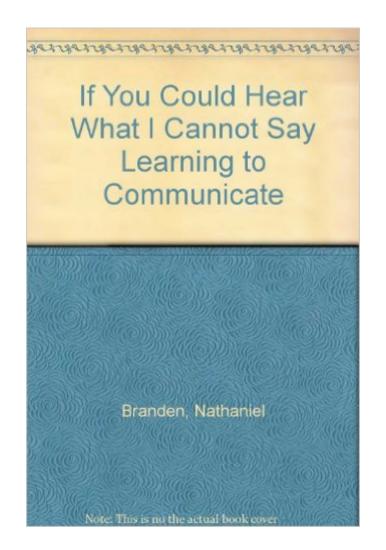
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"If You Could Hear What I Cannot Say": Learning To Communicate With The Ones You Love





Book Information

Paperback: 293 pages Publisher: Bantam Books (1983) Language: English ISBN-10: 0553014196 ISBN-13: 978-0553014198 Product Dimensions: 8.4 x 8 x 1 inches Shipping Weight: 1 pounds Average Customer Review: 4.3 out of 5 stars Â See all reviews (3 customer reviews) Best Sellers Rank: #717,576 in Books (See Top 100 in Books) #196 in Books > Crafts, Hobbies & Home > Pets & Animal Care > Fish & Aquariums #342 in Books > Science & Math > Biological Sciences > Animals > Fish & Sharks #3224 in Books > Self-Help > Relationships > Interpersonal Relations

Customer Reviews

This is a book of transformational exercises and "sentence stems" for a romantic couple to work through together. The major emphasis of the book is on improvement of communication skills, but many other psychological issues can be resolved by working through these exercises. There are also short stories and essays to guide the process. Even if you've never read a book by Nathaniel Branden you can get a lot out of completing this book. I worked through it on my own, without a partner, and I uncovered a lot about myself. I highly recommended. I don't recommend just reading the book and expecting to get very much out of it. Working through it, however, will transform you.

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